

OUTPATIENT REHABILITATION SERVICES

*Physical Therapy, Occupational Therapy, Speech Therapy, Recreational Therapy
Social Work, Arthritis Center, Aquatic Programs, Brain Injury Recovery*



*Don't be afraid of the space between your dreams and reality.
If you can dream it, you can make it so.
-Belva Davis*



At Genesis Outpatient Rehabilitation Services,

we are interested in offering the most comprehensive and specialized care for the whole person by addressing your physical, occupational, and speech therapy needs.

Experienced rehabilitation specialists work to restore maximum function and quality of life for you at home, in the workplace and in the community.

Our goal is to help you return to your highest level of function and independence. To do this, we have created comfortable clinical settings in which patients have easy access to our physical, occupational, and speech therapies which include a heated, therapeutic pool, private treatment booths, a splint fabrication area, specially adapted kitchen and an expansive gym area furnished with a wide array of strengthening and conditioning equipment. Genesis Outpatient Rehabilitation Services also offers a complete program for individuals with head injuries as well as specialized equipment for the care of our pediatric patients.

The care provided by our staff is accredited by the Joint Commission on Accreditation of Healthcare Organizations, a healthcare group that evaluates and accredits nearly 20,000 health care organizations and programs in the country.

For more information on our programs and our two convenient locations, please call (563) 421-3460 for our Bettendorf location or (563) 421-3495 for our Davenport location.



Genesis Plaza, Bettendorf, IA

At Genesis Outpatient Rehabilitation Services, you will find these services available to help restore maximum function in your life.

Physical Therapy focuses on enhancing your quality of life. Following a comprehensive evaluation, a specialized, but individualized program is implemented by including treatments/exercises to increase strength, endurance, range of motion, balance, and/or to simply reduce or eliminate pain.

Specialized programs include:

- Neurological Rehabilitation
- Orthopedics
- Aquatics
- Pediatrics
- Summer Pediatric Program
- Lymphedema Management
- Vestibular/Balance Disorder Program
- Arthritis Treatment and Resource Center
- Arthritis Aquatic Programs, Community Programs
- Outreach Services, ie: Nursing Homes, Visiting Nurse Association



Cybex strength training equipment in Bettendorf, Genesis Plaza

Occupational Therapy uses functional therapeutic activities to assist you in regaining muscle strength, coordination, joint range of motion as well as endurance. The Occupational Therapist specializes in splinting, upper extremity function, hand injuries and pediatrics. Our primary goal is to assist in restoring independence with activities of daily living as well as providing adaptive equipment to help achieve that independence. Programs include:

- Neurological Rehabilitation
- Orthopedics
- Pediatrics
- Summer Pediatric Program
- Arthritis Management
- Outreach ie: Nursing Homes, Visiting Nurse Association
- Adult Brain Injury Program
- Aquatics

Speech and Language focuses on evaluation and treatment of a variety of communication, cognitive, and swallowing disorders. These are related to neurological or organic conditions and injuries as well as developmental delay. Programs include:

- Neurological Rehabilitation
 - Dysarthria
 - Aphasia
 - Cognition
 - Dysphagia
 - Oral Motor
- Voice Disorders
- Disfluency/ Stuttering
- Memory
- Adult Brain Injury Program
- Pediatrics
- Summer Pediatric Program
- Outreach Services, ie: Nursing Homes, Visiting Nurse Association

Social Services assists with several support groups as well as confidential counseling for a variety of social and emotional problems you may need help resolving. Several outreach activities have included: golf, bowling and gardening.



Occupational Therapy focusing on hand injuries

Therapeutic Recreation Therapy plans, organizes and directs recreation programs to assist you in developing interpersonal relationships, increasing involvement in leisure activities, learning the local transportation system and developing the confidence needed to participate in group activities. The goal of therapeutic recreation is to help you return to activities in your community.



Warm Water Aquatic Facility in Bettendorf, Genesis Plaza



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Support Groups are also available for you and your family to attend as an opportunity for education and to provide support. Programs include:

- Stroke Support Group
- Communication Loss Support Group
- Fibromyalgia Support Group
- Arthritis Support Group
- Stroke Partnership Program
- Arthritis Self Help Classes

Patient Insurance and Coverage Information:

In order to ensure you receive the quality and convenient care you require, Genesis Medical Center will be happy to file your therapy claims with your primary insurance company. Please bring you current insurance card with you on your initial visit to our clinic, and be sure to notify us of any changes in your policy. At Genesis, we will do everything we can to ensure that you receive the complete benefits and services your insurance provider offers.

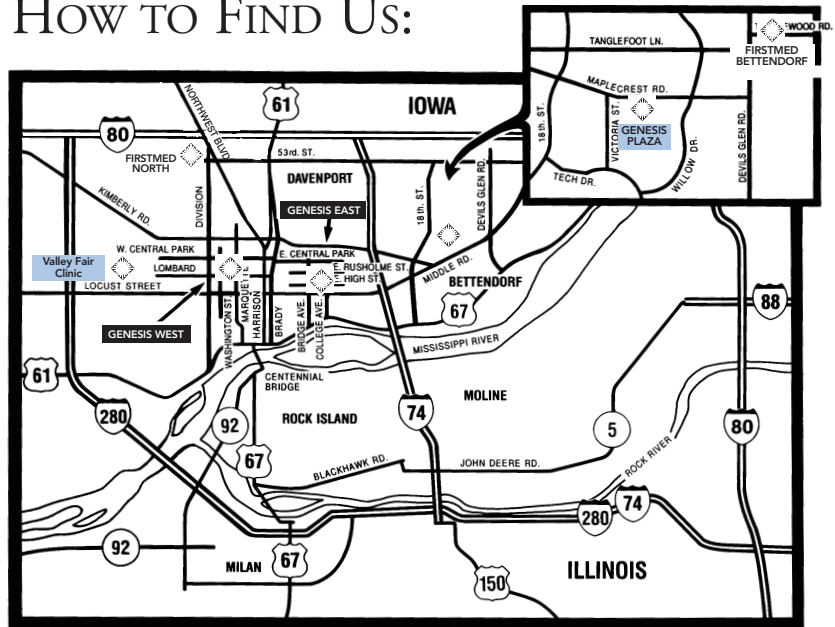
Please note that some services may not be covered by your insurance plan. We ask that you assume responsibility in understanding the specific requirements of your insurance plan (to help us maximize your care.)

If you have any questions regarding insurance or your account, please contact a Patient Account Specialist at (563) 421-2236.

Patient Information for Genesis Outpatient Rehabilitation Services

To schedule an appointment with one of our highly qualified therapists at the Davenport clinic or Bettendorf Plaza, please call: (563) 421-3460.

HOW TO FIND US:



DAVENPORT:
**GENESIS VALLEY FAIR CLINIC,
UNIT 2B**
2720 West Locust Street
Davenport, Iowa 52804
(563) 421-3495

BETTENDORF:
**GENESIS PLAZA
MEDICAL BUILDING
Lower Level, Suite #8**
2535 Maplecrest Road
Bettendorf, Iowa 52722
(563) 421-3460
Fax: 421-3461

Ask about our facilities in DeWitt if this location is more convenient for you.

www.genesishealth.com